#### **PROGRAM DESCRIPTION**

Department of Mental Health

Comprehensive Substance Treatment & Rehab. (CSTAR)

Program is found in the following core budget(s): ADA Treatment Services

(Note: This is an example and doesn't reflect actual Mental Health programs/activities.)

#### 1. What does this program do?

CSTAR programs offer a comprehensive array of treatment services to persons with substance abuse problems and their family members. The program focuses on serving people in their communities with individual and group counseling, skill building, family therapy, education, case management, and where necessary, supportive housing. The following programs are included: *Women's Treatment Programs* (offers priority treatment to women who are pregnant, postpartum, or have children in their physical care and custody); *Adolescent Treatment Programs* (provides treatment, rehabilitation, and other services solely to clients between the ages of 12 through 17 years and their families); *CSTAR Alt-Care* (specially designed for female offenders released from correctional institutions and those under probationary supervision); and *CSTAR for General Population* (intensive outpatient programs for persons with substance abuse problems).

2. What is the authorization for this program, i.e., federal or state statute, etc.? (Include the federal program number, if applicable.)

State: RSMO 631.010 and 191.831

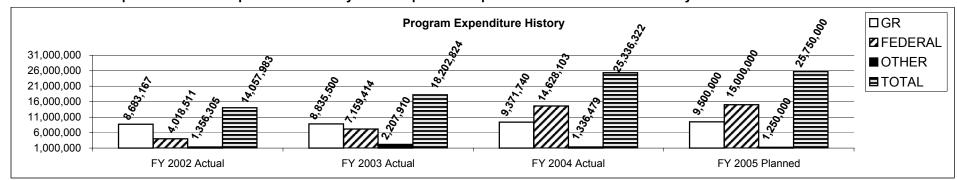
3. Are there federal matching requirements? If yes, please explain.

No

4. Is this a federally mandated program? If yes, please explain.

Yes, in regards to the CSTAR Women & Children's Program. The federal block grant requires the Division to maintain a level of funding for specialized programs for women and children. In addition, the block grant requires that 75% be expended for substance abuse treatment services.

5. Provide actual expenditures for the prior three fiscal years and planned expenditures for the current fiscal year.



6. What are the sources of the "Other " funds?

Health Initiative Fund (0275); Healthy Family Trust Fund (0625)

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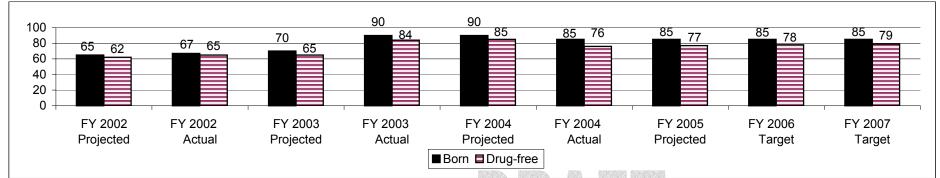
Comprehensive Substance Treatment & Rehab. (CSTAR)

Mental Health programs/activities.)

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# 7a. Provide an effectiveness measure.

How many drug-free births have occurred in the CSTAR Women & Children Programs?



## 7b. Provide an efficiency measure.

What is the average cost per individual?

	FY 2002		FY 2003		FY 2004		FY 2005	FY 2006	FY 2007
Program	Proj.	Actual	Proj.	Actual	Proj.	Actual	Proj.	Target	Target
Women & Children	\$1,795	\$1,795	\$1,795	\$1,797	\$1,797	\$1,825	\$1,798	\$1,798	\$1,798
Adolescents	\$4,055	\$4,056	\$4,056	\$4,057	\$4,057	\$4,062	\$4,062	\$4,062	\$4,062
General Population	\$1,406	\$1,406	\$1,406	\$1,406	\$1,406	\$1,483	\$1,483	\$1,483	\$1,483
Alt Care	\$2,460	\$2,465	\$2,465	\$2,469	\$2,469	\$2,588	\$2,588	\$2,588	\$2,588

# 7c. Provide the number of clients/individuals served, if applicable.

How many individuals are using this service?

	FY 2002		FY 2003		FY 2004		FY 2005	FY 2006	FY 2007
Program	Proj.	Actual	Proj.	Actual	Proj.	Actual	Proj.	Target	Target
Women & Children	4,300	4,375	4,375	4,433	4,433	4,890	4,986	4,986	4,986
Children	1,300	1,350	1,350	1,383	1,383	1,548	1,488	1,488	1,488
Adolescents	3,280	3,300	3,300	3,377	3,377	3,260	3,260	3,260	3,260
General Population	5,600	5,610	5,610	5,631	5,631	5,608	5,608	5,608	5,608
Alt Care	865	880	880	887	887	939	939	939	939
Totals	15,345	15,515	15,515	15,711	15,711	16,245	16,281	16,281	16,281

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### 7d. Provide a customer satisfaction measure, if available.

What is the average percent of clients satisfied with the services they are receiving in the CSTAR Women & Children's Program?

